



# Dance Therapy

The dance therapy programmes are aimed at people with neurological and common chronic conditions:

- TBI (*traumatic brain injury*)
- Strokes
- MS
- Dementia Care homes
- Parkinson's
- Older frail adults
- People with Disabilities
- Cancer
- Depression/anxiety



[www.dancetobefree.co.nz/dance-therapy/](http://www.dancetobefree.co.nz/dance-therapy/)